

February



2015-16  
School Year

Nutrition @ RED OAK | \$3

Each meal is served with vegetables, seasonal fruit, and a choice of fat free or 1% milk

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Bagel w/ Cream Cheese	2 Fruit & Yogurt Parfait + Mini Muffin	3 EARLY DISMISSAL Cereal + Banana Bread	4 Egg-in-a-Nest	5 Cinnamon Pretzel	6
7	8 Bagel w/ Cream Cheese	9 Baked French Toast	10 EARLY DISMISSAL Pizza Bagel	11 Egg & Potato Breakfast Wrap	12 <i>Lincoln's Birthday</i> NO SCHOOL	13
14	15 <i>Washington's Birthday</i> NO SCHOOL	16 Fruit & Yogurt Parfait + Mini Muffin	17 EARLY DISMISSAL Cereal + Banana Bread	18 Egg-in-a-Nest	19 Cinnamon Pretzel	20
21	22 Bagel w/ Cream Cheese	23 Baked French Toast	24 EARLY DISMISSAL Pizza Bagel	25 Egg & Potato Breakfast Wrap	26 Cinnamon Pretzel	27
28	29 Bagel w/ Cream Cheese					



All menu items are made without peanuts or tree nuts.



Menu items are prepared without meat ingredients unless otherwise specified

*This institution is an equal opportunity provider.*